

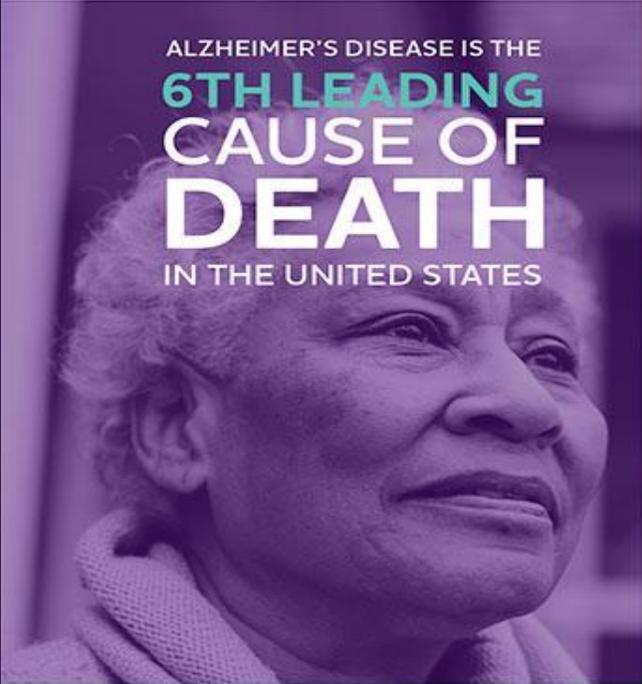
# Restoring Connections: Meeting the Needs of People with Dementia

Missouri Library Association, 2016 Annual Conference

Presenters: Mary Beth Riedner, Chair, IGARD

Tysha Shay, Past Co-Chair, IGARD

Rob Hulstra, Community Education Coordinator for the Alzheimer's Association, Greater Missouri Chapter



ALZHEIMER'S DISEASE IS THE  
**6TH LEADING**  
 CAUSE OF  
**DEATH**  
 IN THE UNITED STATES

**MORE THAN**  
**5 MILLION**  
 AMERICANS ARE LIVING WITH ALZHEIMER'S

**1 IN 3 SENIORS**  
**DIES WITH ALZHEIMER'S**  
 OR ANOTHER DEMENTIA



IN 2015, MORE THAN 15 MILLION CAREGIVERS PROVIDED AN ESTIMATED

**18.1 BILLION HOURS OF UNPAID CARE**

**ALZHEIMER'S COSTS CAREGIVERS MORE THAN THEIR TIME**

FAMILY CAREGIVERS SPEND MORE THAN  
**\$5,000 A YEAR**  
 CARING FOR SOMEONE WITH ALZHEIMER'S

FOR SOME FAMILIES THIS MEANS  
**MISSING A VACATION**

BUT FOR OTHERS, IT MAY MEAN  
**GOING HUNGRY**

**EVERY**  
**66 SECONDS**

SOMEONE IN THE UNITED STATES DEVELOPS THE DISEASE

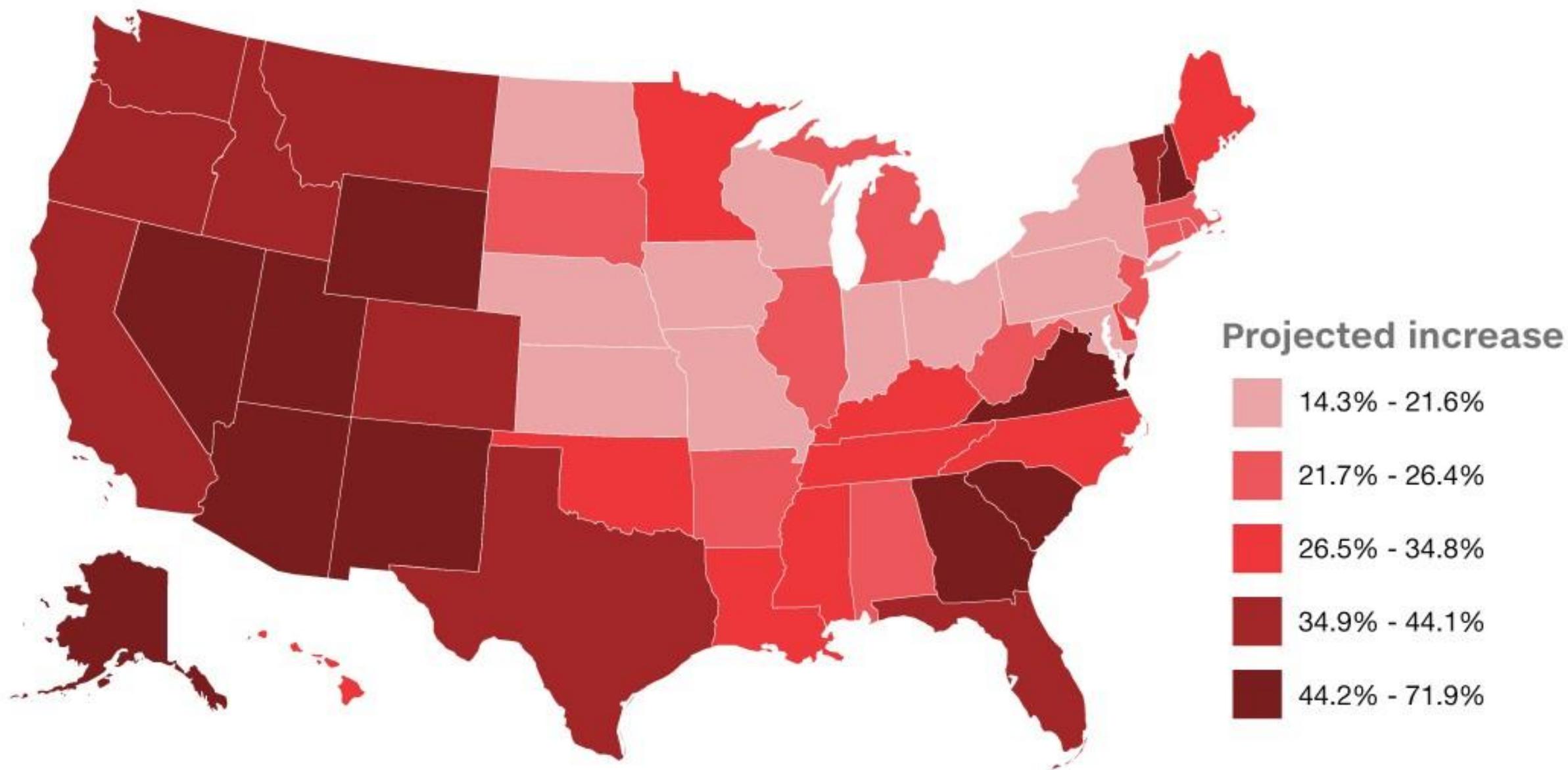


IN 2016, ALZHEIMER'S AND OTHER DEMENTIAS WILL COST THE NATION  
**\$236 BILLION**

IT KILLS MORE THAN

**BREAST AND PROSTATE CANCER COMBINED**

# PROJECTED RISE IN ALZHEIMER'S CASES BY 2025



SOURCE: Alzheimer's Association



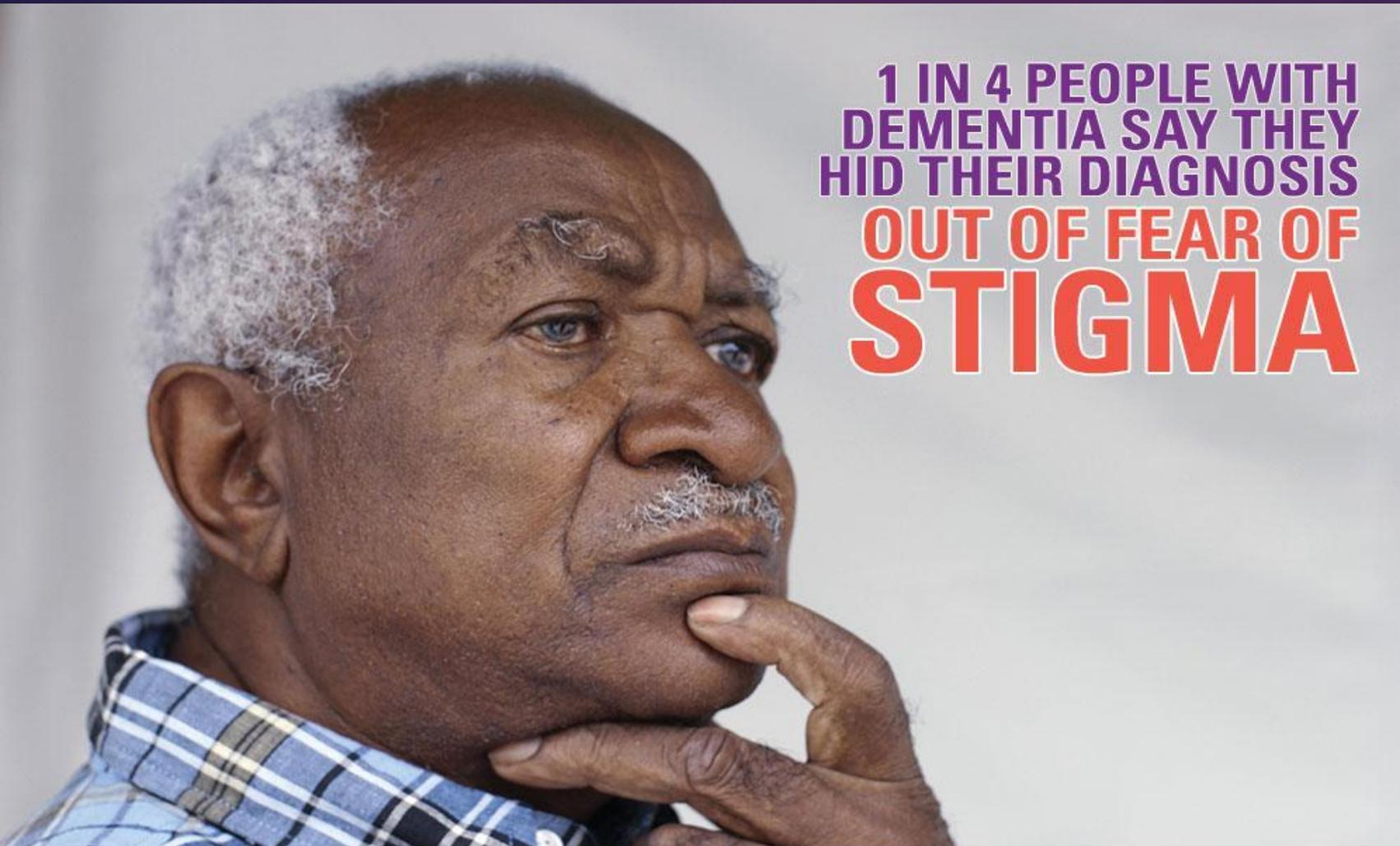
Steve Riedner



Joan Pittman-Hill

# Outcomes

- Develop an understanding of what “dementia” entails as well as an appreciation for the personhood and remaining abilities of people living with dementia
- Give tips for interacting with and communicating with people living with dementia.
- Describe services/programs that librarians can offer directly to persons living with dementia that will improve the quality of their daily lives.
- Enumerate steps that libraries can take to become dementia friendly, thus adding value to the lives of the diagnosed person, their care partners and the community at large.
- Identify organizations, journal articles, studies as well as professional and governmental resources that can provide assistance when planning services to this population.



1 IN 4 PEOPLE WITH  
DEMENTIA SAY THEY  
HID THEIR DIAGNOSIS  
OUT OF FEAR OF  
**STIGMA**

The stigma  
of dementia  
persists...

They expressed concerns that their thoughts and opinions would be “discounted and dismissed,” and that they would be “treated more positively” if they did not reveal their diagnosis.

\*According to the ADI 2012 World Alzheimer’s Report

# Michelle Bourgeois's Research

USF UNIVERSITY OF SOUTH FLORIDA MYUSF | DIRECTORY

## Department of Communication Science and Disorders

COLLEGE OF BEHAVIORAL AND COMMUNITY SCIENCES

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### Bourgeois, Michelle S, Ph.D., CCC-SLP

**Title: Professor**  
**Phone: (813) 974-9778**  
**Office: PCD 4008**  
[Send email](#)  
[Curriculum Vitae](#)

Michelle S. Bourgeois, Ph.D., CCC-SLP, ASHA Fellow, is a Professor in the Department of Communication Sciences and Disorders, University of South Florida. She has received numerous grants from the National Institutes of Aging (NIA) and the Alzheimer's Association to investigate interventions for spousal and nursing home caregivers designed to improve the quality and quantity of communicative interactions with residents with dementia, to evaluate memory aids and interventions for persons with dementia and traumatic brain injury, and to develop training programs for institutional caregivers. A clinical researcher, Dr. Bourgeois has published numerous research articles, training manuals and CDs, and books. She was the recipient of the 2007 Barry Reisberg Award for Non-Pharmacologic Research, Theory, and Clinical Practice.



# University of Liverpool

## A Literature-Based Intervention for Older People Living with Dementia

An evaluation report by the Centre for Research into Reading,  
Information and Linguistic Systems

University of Liverpool



UNIVERSITY OF  
LIVERPOOL

CENTRE FOR RESEARCH  
INTO READING,  
INFORMATION AND  
LINGUISTIC SYSTEMS

# Questions Emerge

- What is the role for librarians with regard to this community of users?
- What are libraries already doing to serve them?
- What else can be done?
- How can librarians share with each other about their experiences?



Image courtesy of Michael Rossato-Bennett

## Music and Memory

# National Survey of Current Practices - 2015

	A	B	C	D	E
1	Library	City/Town	State	Description of Program/Services	Link
2	juneau public library	Juneau	AK	Several years ago, our library outreach focused on serving folks who were unable to come into the library to get materials. One of the staff, Carolyn Gould, acted as a one-person 'bookmobile' taking a selection of books to elderly residents of the Juneau Pioneers home. While some of her patrons were simply people with mobility problems, she also served folks with dementia. The program has been discontinued.	
3	San Diego Public Library - Pacific Beach Branch	San Diego	CA	We offer Memories in the Making twice a month. MiM is an art program designed by the Alzheimer's Association, wherein people with dementia create watercolor paintings. I took their training to serve as a MiM facilitator.	<a href="http://www.alz.org/sandiego/in_my_community_60390.asp">http://www.alz.org/sandiego/in_my_community_60390.asp</a>
4	Santa Cruz Public Libraries	Santa Cruz	CA	Touch TEAM is a program that brings patients with memory loss and their caregivers into the library to use specific iPad programs to help with memory. TouchTEAM program uses touchscreen tablets to engage the mind and activate memory in a supportive setting. TouchTEAM creates comfortable and engaging social experiences for participants and caregivers through the use of images, games, music and life stories. Individual volunteer coaches lead "teams" that include an older adult with memory loss and their family member or caregiver. In these sessions, participants can expect to: Record and share stories Enrich time spent together Boost interest and involvement Use reminiscence to engage and connect	<a href="http://www.santacruzpl.org/news/2015/apr/20/tablet-engaged-active-minds/">http://www.santacruzpl.org/news/2015/apr/20/tablet-engaged-active-minds/</a>
5	Iowa Library for the Blind and Physically Handicapped	Des Moines	IA	While we have not offered any programs for patrons with dementia, we do have a large number of patrons with this condition. We often send books at a lower reading level, repeats of books they have had before, etc. We will coordinate with the patron, nursing home staff, family, etc. based on the level of impairment.	
6	Iowa City Public Library	Iowa City	IA	Tales & Travel Memories (based on the Gail Borden PL's program): We've just started going out to local care facilities with a folktale, facts, and picture-heavy books on a particular country or region, designed to bring up memories and facilitate conversation with individuals with dementia.	
7	Nevada Public Library	Nevada	IA	We invite institutionalized residents to our summer and other programs. Our library offers the "Third Age Program." This involves taking library services into nursing and retirement homes. One facet of the program is to offer "Reminisce Kits" or "nostalgia kits" to groups in the facilities, particularly with Alzheimers or other dementia. led either by library staff, facility staff, or volunteers.	
8	Waterloo Public Library	Waterloo	IA	We have a rotating collection of books that we loan to staff at our local	<a href="http://www.waterloo.lib.ia.us/services/outreach/outreach">http://www.waterloo.lib.ia.us/services/outreach/outreach</a>

# Results

- 94 responses received from 25 states
- 93 public libraries + one medical library

%	n	Programs
34	32	Informational programs for caregivers & general public
13	12	None yet, but interested in learning more
53	50	Offers services/programs directly to persons with dementia

# Directly Offered Services/Programs

n =	Type of service/program
25	Outreach program
6	Identified suitable materials
6	Hosted Alzheimer's cafes
5	Circulated memory/listening kits
3	Blind & Physically Handicapped programs
3	Technology (iPads)
2	Hosted art and music therapy programs

# Implications

- Overall response rate was quite low.
- Libraries are not yet addressing the needs of people living with dementia.
- Creative programs have already been developed.
- Librarians need to become aware that they can make a positive difference in the quality of life for this all-to-often forgotten population.
- Library professionals need to band together to multiply the impact of their individual efforts.

# What are Missouri Libraries Doing?

- Alison Griffith - St. Charles City-County Library District, O'Fallon, MO
  - “This Fall we are partnering with the Alzheimer's Association to offer an ongoing Cardinals [Baseball] Reminiscence League, which will be a support group, led by volunteers for people in early-mid stages of dementia and their caregivers. This is a different type of "support group," with fun discussions about baseball history, interactive games, and memorabilia.”
  - Offers Educational & Engagement kits and Caregiver kits
- Tysha Shay - Springfield Greene County Library District, Springfield, MO
  - Stories for Life - A monthly program designed to inspire, entertain and engage residents at long-term care facilities.
  - Offers Educational and Engagement kits

# Tales & Travel Memory Program

## Gail Borden Public Library District – Elgin, IL



# Tales & Travel Video



Tales and Travel  
in action

# Tales and Travel Website



[Home](#) [About](#) [Excursions](#) [For Librarians](#) [For Caregivers](#) [Contact](#)

## Tales and Travel Memory Programs

Oh the places  
we will go.



### Five Million and Counting

More than five million Americans have been diagnosed with Alzheimer's Disease and other dementias, a number that is rapidly climbing as Baby Boomers age.

# Components

1. Welcome/Introduction
2. Read-aloud story
3. Five Facts
4. Books to Browse
5. Supplementary Materials
6. Wrap-up

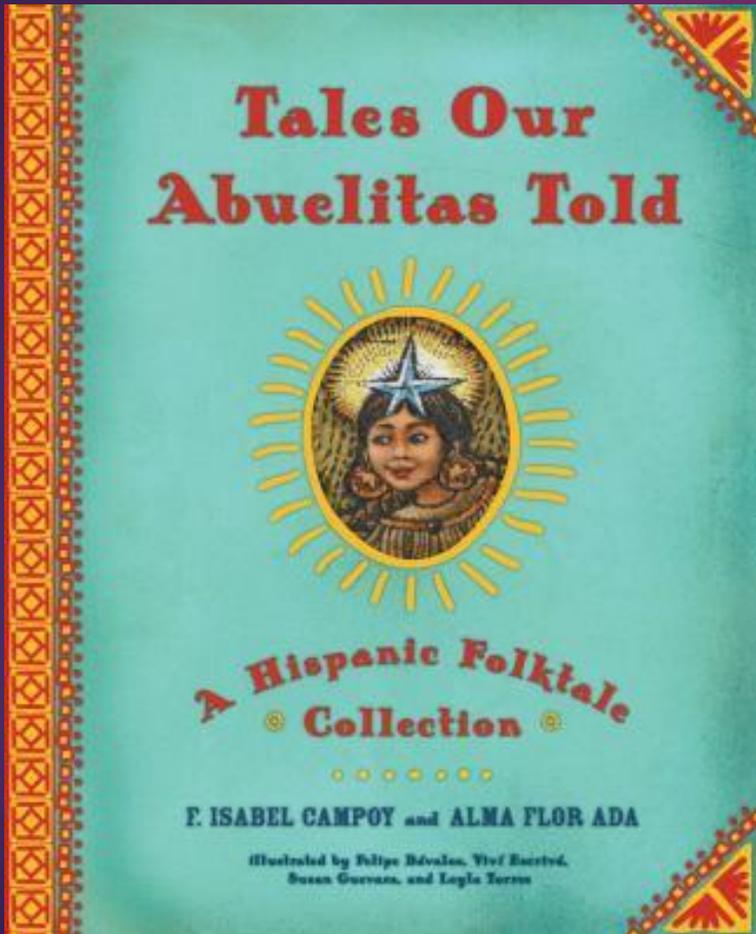


# Welcome/Introduction



# Read Aloud Story

Folktales, myths, legends, historical/biographical stories



## The Goat from the Hills and Mountains

Long, long ago, in the time of old Mary Chestnut, there lived a woman who had a daughter, a husband, a cottage and a garden. She tended her daughter with love, her husband with care, her cottage with joy, and her garden with all her heart.

And so the garden rendered plump pumpkins, sweet carrots, tender lettuces, and delicious peas. And each day, in the neatly kept cottage, the woman, her daughter, and her husband enjoyed wonderful meals.

One morning the woman sent her daughter to the garden to fetch some vegetables for their dinner. When the daughter arrived, she saw in the middle of the garden a large goat eating everything in sight.

Shouting and flapping her arms, the girl tried to scare the goat away. But the goat merely looked at her

# Five Interesting Facts

## FIVE FACTS ABOUT MEXICO

1. El Popocatepétl volcano has erupted 14 times in the last 500 years. Its name means “smoking mountain” in the Aztec language, Nahuatl.
2. Mexico is the world’s largest producer of silver. In 2000, Mexico produced over 5 million pounds of silver!
3. Descendants of the Aztec people still live in Mexico today, and continue to speak Nahuatl.
4. The Azteca soccer stadium is the largest in the world. It seats over 100,000 fans.
5. Mexico is home to many beautiful and exotic animals, including monarch butterflies, jaguars, iguanas, and hummingbirds.

# Browsing through Books



# Adult Collection



# Children's Collection

## Junior High/Middle School Materials







# Enhancing the Quality of Their Lives



# 2015-16 Target Outreach Award

**NN/LM** NATIONAL NETWORK OF  
Libraries of Medicine

Greater Midwest Region

Google™ Custom Search Search

GMR Home About GMR » Funding Opportunities » Membership » Outreach » Resource Sharing » Education and Training

## Related Pages

- » [Funding Opportunities](#)
- » [Additional Requirements for Awards](#)
- » [Express Outreach Award](#)
- » [How to Become a GMR Sponsored MLA Webinar Site](#)
- » [Community Outreach Award](#)
- » [Digital Divide Award](#)
- » [Emergency Preparedness Award](#)
- » [Native and Tribal Health Award](#)
- » [Outreach Library Award](#)
- » [Past Projects Funded](#)
- » [Professional Development Award](#)
- » [Technology Improvement Award](#)

## GMR Past Projects Funded

Table of Contents [\[hide\]](#)

- [Community Outreach Award](#)
- [Outreach Awards](#)
- [Technology Improvement Awards](#)

The following is a collection of highlighted projects funded by the GMR office. This collection is intended to generate ideas for partnerships and projects when applying for current awards. For assistance with brainstorming a possible project or partnership, please contact the GMR Office at [gmr-lib@uiowa.edu](mailto:gmr-lib@uiowa.edu).

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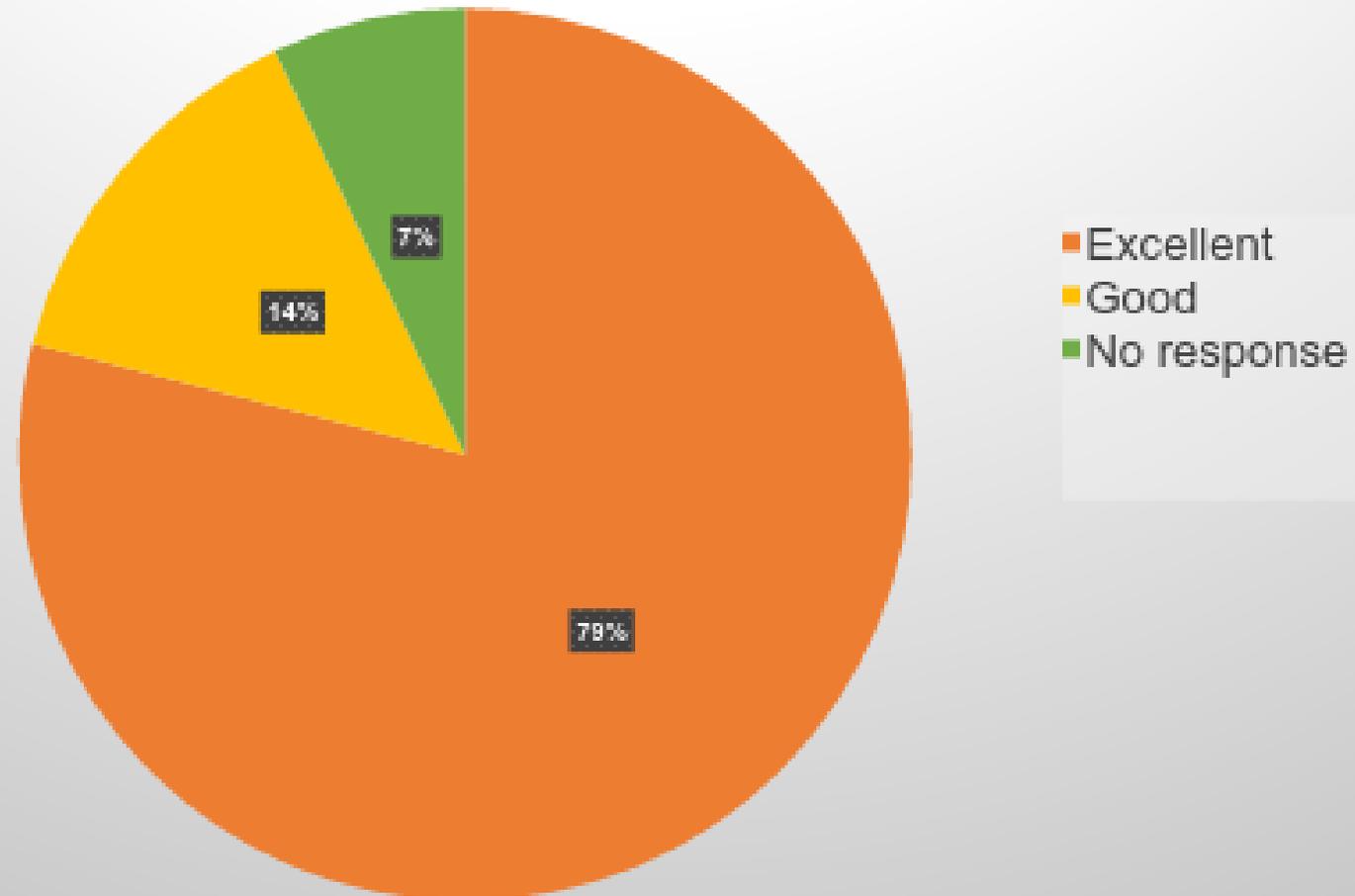
### Community Outreach Award

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**Tales and Travel: Developing Community Partnerships**  
*Gail Borden Public Library  
Elgin, IL*

The Gail Borden Public Library, Elgin, IL adopted the Tales and Travel program with the purpose of expanding community outreach services to older adults with early to middle stages of dementia. Tales and Travels is a one-hour program designed to engage individuals with dementia both socially and cognitively. The program is offered in eleven of the thirteen Assisted Living facilities within the Gail Borden Library district, and kits are available for check out at the main library and Rakow Branch. This project explored whether the program: 1. Engaged and improved the cognitive and social interactions of individuals with dementia. 2. Positively impacted the relationship between caregivers and individuals with dementia by providing stimulating activities and reducing the number of stressful interactions. 3. Expanded the library's outreach to an underserved population. 4. Decreased stigma and stereotypes of adults with dementia by demonstrating elements of cognition that remains throughout the course of the disease.

# Overall Success of Tales & Travel Program



# Summary of Results

- Cognitive and social interactions of participants increased during the program.
  - Socialization
  - Positive Emotions
  - Engaging Cognitive Skills
    - Verbalization
    - Memory Recall
    - Reading Ability
- 80% of Formal Caregivers noted improved relationships with residents as a result of this program resulting in less stressful interactions.
- Volunteers noted an improved perception of individuals with dementia after participating in the program, helping to reduce the stigma of the disease.

*This project has been funded in whole or in part with Federal funds from the Department of Health and Human Services, National Institutes of Health, National Library of Medicine, under Contract No. HHSN-276-2011-00005C with the University of Illinois at Chicago.*

# 2007 Guidelines from IFLA

International Federation of Library Associations and Institutions  
IFLA Professional Reports, Nr. 104



104

## **Guidelines for Library Services to Persons with Dementia**

Helle Arendrup Mortensen and Gyda Skat Nielsen

# International Federation of Library Associations' World Library & Information Congress 2016



# IGARD Poster at IFLA WLIC 2016

## Reconnecting Persons with Dementia to their Libraries: Using Library Materials to Improve the Quality of Life for People living with Alzheimer's and other Dementias



Mary Beth Riedner, MLS

Chair, Alzheimer's and Related Dementias Interest Group (IGARD)  
American Library Association, Chicago, IL

Linda Gorman, MLS

Director, Harrison Library  
Johns Hopkins Medical Center, Baltimore, MD

### Tales and Travel Gail Borden Public Library Elgin, IL



Implemented at 10 memory care facilities, this award winning program encourages oral reading, browsing through highly illustrated books, and conversation through imaginary trips to locations across the globe. The monthly hour-long program is delivered by volunteers and library staff.

Check-out kits are also available for personal or professional caregivers to use with diagnosed persons.

Libraries are encouraged to replicate this program using 12 prepackaged "excursions" available at the Tales and Travel website at <http://talesandtravelmemories.com/about>. A video of the program in action is also available at the website.

### ElderPlus Reading Program Johns Hopkins Bayview Medical Center Baltimore, MD



While some of the participants in this adult day care program can still read, many others prefer to listen to the "Library Lady" read to them. They participate through nods and smiles and enjoy hearing short stories from the past that they can identify with, which are often found in magazines such as *Good Old Days* and *Reminiscing*. Storytelling will soon be added to the program which has become a permanent part of the Hopkins ElderPlus monthly programming.

### US National Library of Medicine Research Study (2016) Benefits of the Tales & Travel Program

Overall Success of Tales & Travel Program



- Cognitive and social interactions of participants increased during the program.
- Relationships between individuals with dementia and their caregivers showed improvement resulting in less stressful interactions.
- Volunteers noted an improved perception of individuals with dementia after participating in the program, helping to reduce the stigma of the disease.

The project has been funded in whole or in part with Federal funds from the Department of Health and Human Services, National Institutes of Health, National Library of Medicine, under Contract No. HHSN-271-2011-2-00001 with the University of Illinois at Chicago.

### Stories for Life Springfield-Green County Library Springfield, MO

Librarians bring themed visits to local memory care facilities including activities that encourage discussion and pleasant reminiscing, while bringing the fun, educational benefits of the Library to the facility. Each month, staff share simple stories, provide interactive memory games, read poetry, furnish visual and tactile stimulation and present interesting historical or local information. For more information go to [theibrary.org/seniors](http://theibrary.org/seniors).



# Library Memory Project

*Bridges Library System - Waukesha, WI*

- Memory Cafes are social gatherings for those who are experiencing early stage dementia, mild memory loss or mild cognitive impairment, and a family member or care partner
- Cafes serve as places to have fun, find support, and share experiences.
- Partnership between 8 public libraries in the Milwaukee and Waukesha counties of Wisconsin
- Partner libraries take turns hosting monthly Memory Cafes
- Find more information at [www.librarymemoryproject.org](http://www.librarymemoryproject.org).



# Memory Care and Technology Program

*Worthington Libraries - Worthington, OH*



- Goal of the program is to expose residents to new technology and stimulate their minds and memory by playing games on library iPads.
- Unique program is a great way to interact with this wonderful segment of our community so deserving of fun and engagement while they live with memory loss and Alzheimer's.
- For more information go to <http://www.ala.org/pla/onlinelearning/webinars/ondemand/memory>.

# Recommended Resources

## Memory Care & Tech Apps



### **Celtic Harp Lite** (Jason Sommerlad)

*Here is your chance to play an eight-string folk harp!*  
Supported by Apple.

### **Clevermind App** (Veloce Designs, LLC)

*Those struggling with cognitive impairments can surf the Internet, connect with loved ones and stay independently entertained while strengthening cognitive proficiency.*  
Supported by Apple.

### **Fingerpaint Magic** (Meritum Soft d.o.o.)

*Experience the magic of finger painting in this doodle-style art app!*  
Supported by Apple.

### **Handpaint** (Auman Software, LLC)

*Budding artists can create paintings using a wide variety of colorful subjects and artisans' tools.*  
Supported by Apple.

### **History Today** (Joe Sriver)

*This app is your mobile source for what happened today in history; contains birthdays, deaths, historical events, quotes and more.*  
Supported by Apple.

### **I Hear Ewe** (Claireware Software)

*Entertain and educate with this simple game of animal and vehicle sounds. When an icon is tapped, the name of the animal or vehicle is announced and the sound it makes is played.*  
Supported by Apple.

### **iMutt HD** (Dogs Trust)

*Look after an impossibly cute virtual rescue dog for five days. Regular walking, feeding and grooming keep your new best friend happy.*  
Supported by Apple.

### **Jigsaw HD** (MK Jigsaw, LLP)

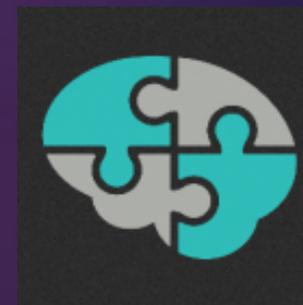
*Now you can do jigsaw puzzles wherever you want without worrying about space or lost pieces. Choose from a few puzzles in the free version, or create your own from uploaded photos of travel, family and friends!*  
Supported by Apple.

### **Logic** (PopAppFactory)

*Logic is a 5-in-1 game of inter-related activities that help the user expand comprehension, judgment and decision-making skills.*  
Supported by Apple and Android.

### **Percussive Free** (Touch Media Productions)

*Make beautiful music with this wonderfully designed application.*  
Supported by Apple.



# ElderPlus Reading Program

*Johns Hopkins Bayview Medical Center - Baltimore, MD*

- While some of the participants in this adult day care program can still read, many others prefer to listen to the “Library Lady” read to them.
- They participate through nods and smiles and enjoy hearing short stories from the past that they can identify with, which are often found in magazines such as *Good Old Days* and *Reminiscing*.
- Storytelling will soon be added to the program which has become a permanent part of the Hopkins ElderPlus monthly programming.



# Stories for Life

Springfield-Greene County Library - Springfield, MO





# RESEARCH COMMUNITY MATTERS

## COMMUNITY MATTERS

### Services for Seniors

Published September 16, 2013 Submitted by: Renee

#### Stories for Life



Learning is a lifelong pursuit. The Springfield-Greene County Library staff can bring the Library to your senior residents in a monthly program designed to inspire, entertain and engage.

Our themed visits include activities that encourage discussion and pleasant reminiscing, while bringing the fun, educational benefits of the Library to your facility.

Each month, staff presenting Stories for Life can

- share simple stories
- provide interactive memory games
- read poetry
- furnish visual and tactile stimulation
- present interesting historical or local information

For more information on Stories for Life, please call Tysha Shay at (417) 616-0677 or Eva Pelkey at (417) 616-0509.

#### Other Services

The Library offers many other **resources for people with special needs**. Many programs provide access to Library materials and services for those who cannot easily travel to the Library. Materials are available for those with vision or hearing impairment, and the Library also provides equipment to assist visitors so they can access facilities and collections.

### Tools

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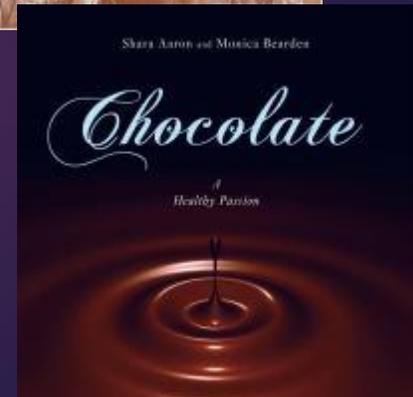
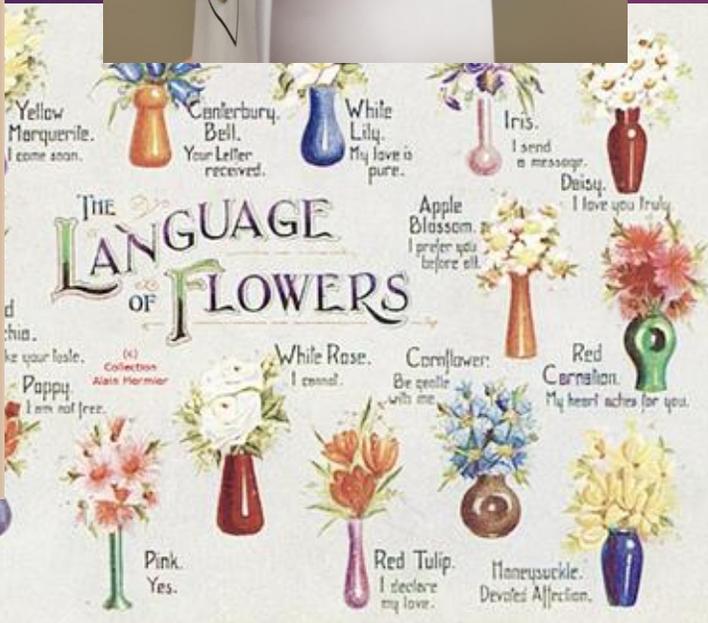
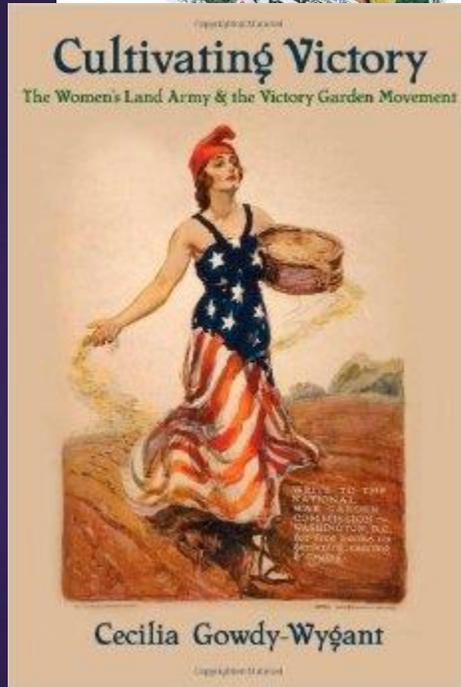
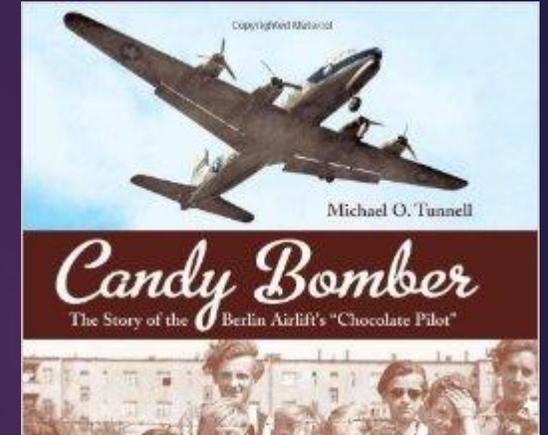
**Print Preview**

**E-mail a friend**

# Components

- Stories & Poems
- Photographs or Illustrations
- Tactile Objects
  - Food, Natural Items
- Games
- Scents

# We Reminisce & Learn About a Range of Topics



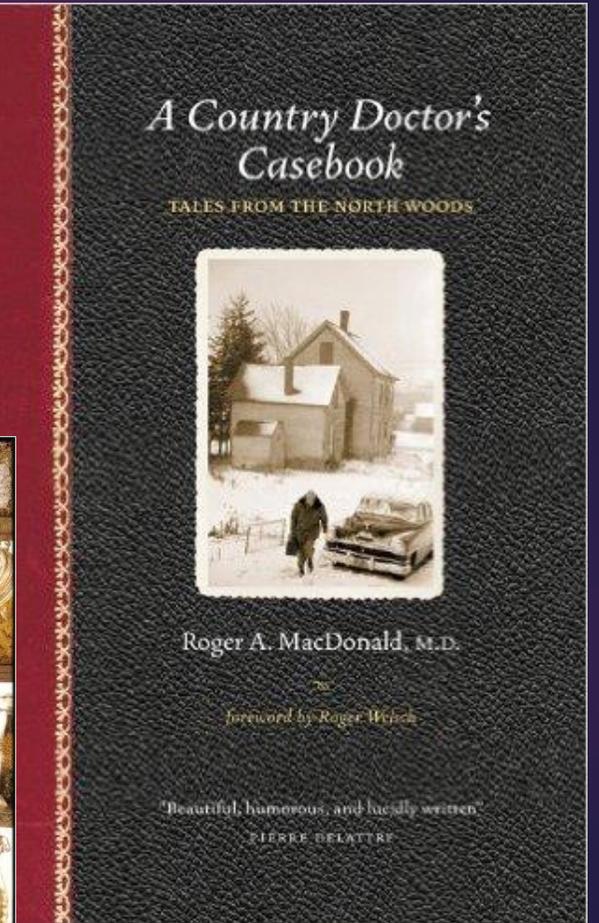
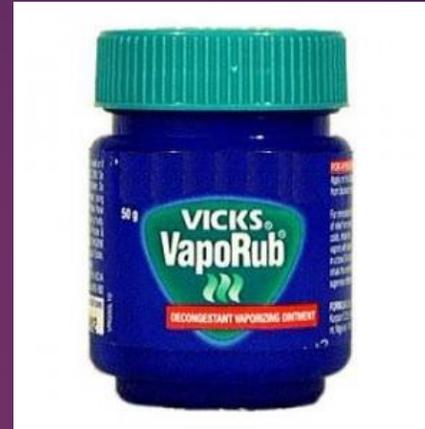
Gardening/Flowers

Chocolate

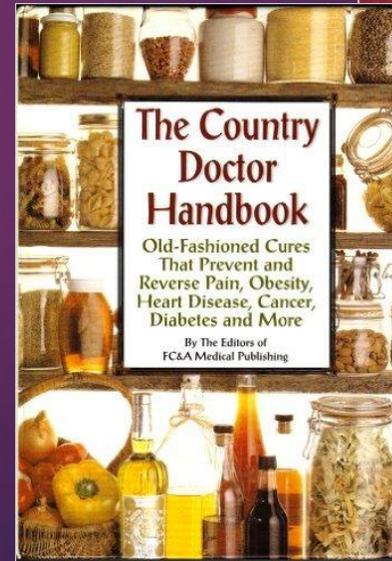
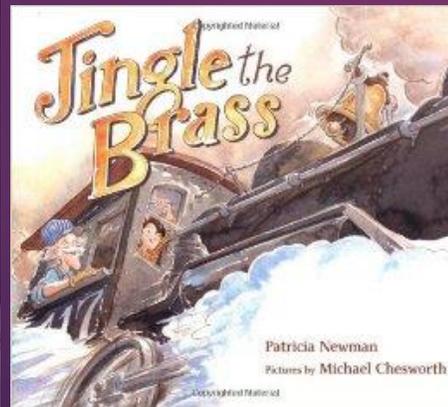
# Favorites & Most Requested Topics Revolve Around Local History



Frisco Railroad



Rural Medicine



# Why It Matters

- “Bringing us this history is probably the best thing you could do for us.” - Resident
- "We've had programs all week that no one has really come to, but everyone said they wanted to come to your program."  
- Activities Assistant (*17 participants made their way to the program that morning*)
- "My mom cut our visit short because she said she had to go see the library lady. If no one ever tells you thank you, thank you. Whatever you do while you're here is wonderful." - Resident's daughter
- “I love the topic choices. They always give me ideas for our next bus outings.”  
- Activities Director

# Bi-Folkal Kits



- Been around since 1976
- Many libraries own these kits
- Outdated themes and formats
  - DVDs & CDs still available for purchase

# Caregiver Kits

*St. Charles Public Library - St. Charles County, IL*

- Promote memory stimulation, inspire meaningful conversation, and encourage continuing education for individuals who have Alzheimer's disease and dementia
- Enjoyable reminiscence activity or conversation starter for a caregiver to use with someone who has dementia.
- Kits include varied combinations of a DVD, music CDs or a coffee table book
- Each kit is themed to spark different memories
- Featured themes are ones the older adult population would remember growing up
  - "Laughing with Lucy"
  - "Chicago Sports"
- Kits are located in a Caregiver Kiosk which debuted at the end of August 2016.



# Tales & Travel Circulating Kits

*Gail Borden Public Library - Elgin, IL*

- Each kit consists of:
  - All associated with the specific kit destination
  - 5 nonfiction highly illustrated books
  - 1 folktale
  - 1 doll
  - 1 flag
  - 1 music CD
  - 1 DVD
  - 1 inflatable globe and pump
  - Caregiver Binder with more info about the library outreach program the kits are based off of
- 8 kits circulating at 2 locations since Feb 2016
- Average checkout = 3 per month

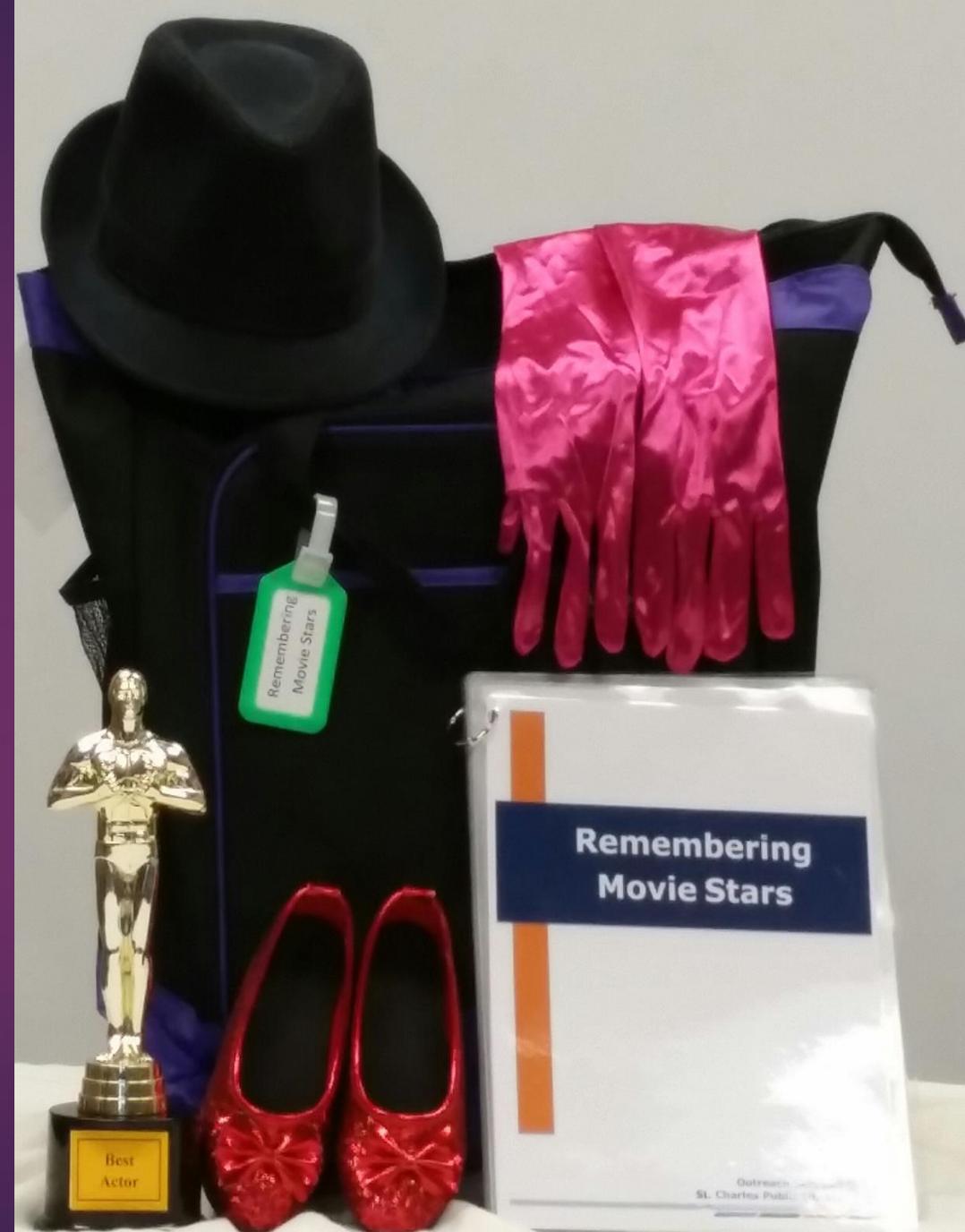




# Educational & Engagement Kits

*St. Charles Public Library - St. Charles County, IL*

- Promote memory stimulation, inspire meaningful conversation, and encourage continuing education for individuals who have Alzheimer's disease and dementia
- Specifically used for outreach programming to facilities
- Each kit has a theme older adults will relate to
- Kits contain:
  - 10 booklets with researched facts & photos
    - Each booklet is 10-14 pages & laminated
  - 4-5 objects on the theme to enhance the kit

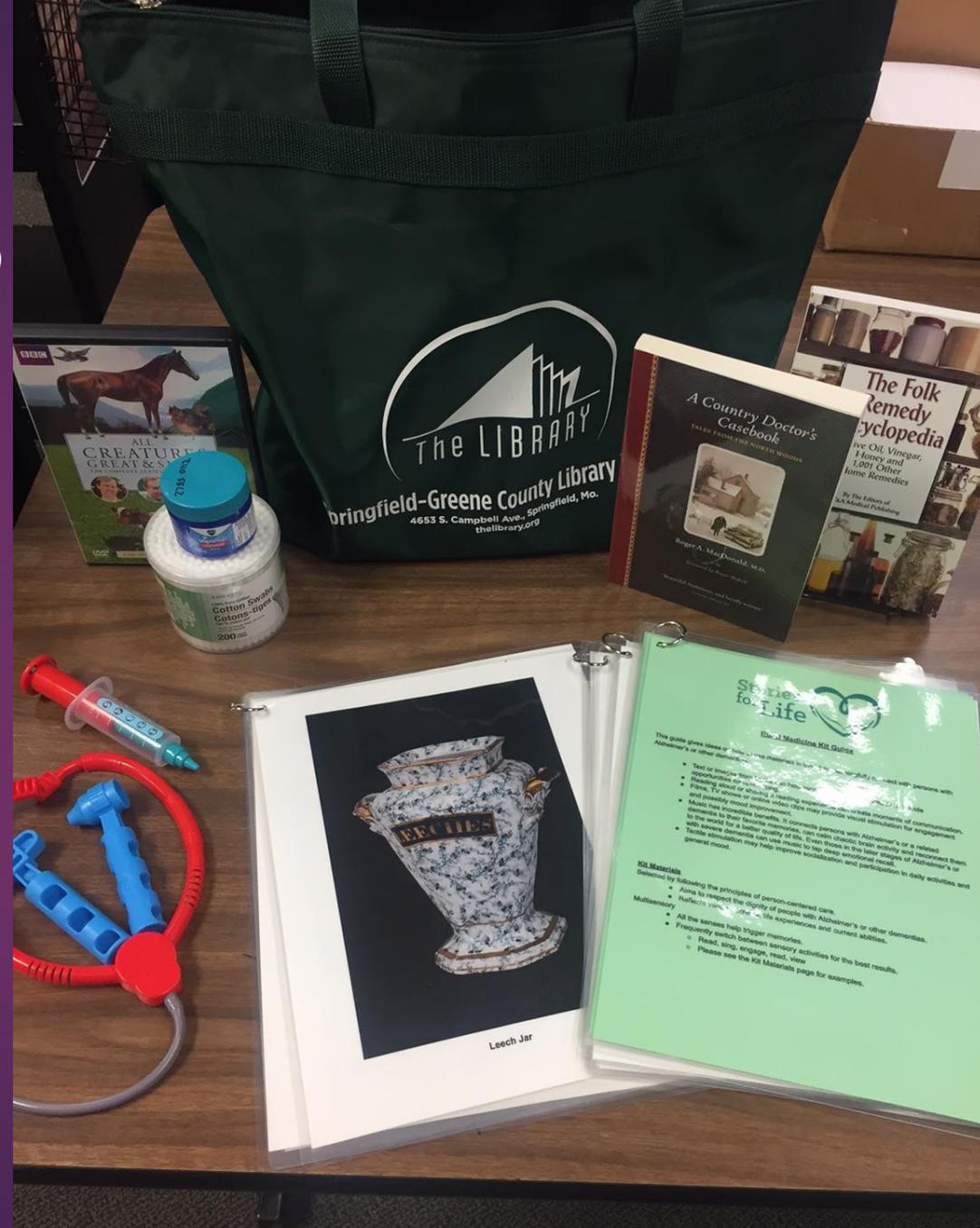




# Stories for Life Kits

Springfield-Greene County Library - Springfield, MO

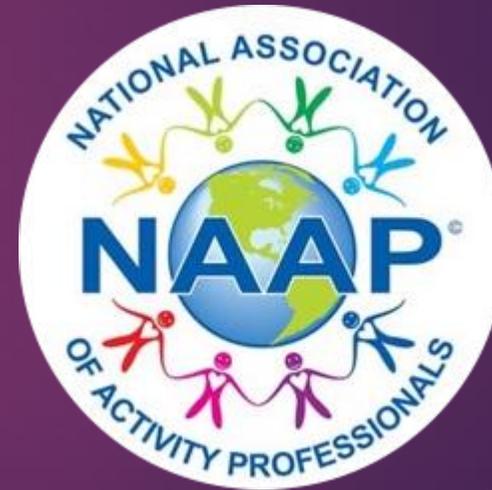
- Promote memory stimulation, inspire meaningful conversation, and encourage continuing education for individuals who have Alzheimer's disease and dementia
- For outreach programming to facilities & individual check out
- Locally grant funded to create 25 thematic kits
- Many of the popular programs were translated into a kit
  - Animals, Rural Medicine, Grandma Moses, Space Race, History of Springfield Baseball, Cowboys and Outlaws
- Designed by following the principles of person-centered care
- Content driven by theme & available resources



# Recognizing this Issue in Your Community

## Demographics/Stats

- City, County, State, National, Worldwide
- Government agencies and bureaus, local and national organizations, library databases



alzheimer's  
association



# Missouri Area Agencies on Aging



Missouri Association of Area Agencies on Aging



FONT SIZE: [A](#) [A](#)



## 2016 SUMMIT ON AGING AND HEALTH COMES TO SUCCESSFUL CONCLUSION

2016 Summit: Day One: The first day of the 2016 Show Me Summit On Aging and health kicked off in Branson, Missouri with a full day of training, overview sessions dealing with veterans affairs, nutrition and tax policy and a special keynote address from Enid Borden, CEO of the National Foundation to End Senior Hunger. [...]



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**Link to Your Local Agency**  
[click here](#)

- finances
- advocacy
- health care
- photo gallery
- food/nutrition
- social media

### Announcements

- [Falls Prevention Day - September 22: Wear A Yellow Ribbon](#)
- [MA4 Chosen As Health Insurance Navigators For 4th Straight Year](#)
- [REPORT: Three Day Highlights Of 2016 Summit](#)

**Your Opinion Counts!**

# Local Alzheimer's Association Chapters

**alz.org** | alzheimer's association®

Submit

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24/7 Helpline: 1.800.272.3900 Find your chapter:   [search by state](#)

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## In My Community

Text Size [A](#) [A](#) [A](#)

Find us anywhere in the United States, and learn about programs and services available in your area, including support groups and educational workshops.

Search by zip code

Search by state   [View All Locations](#)

WASHINGTON, MONTANA, NORTH DAKOTA, MINN., WISC., IOWA, MICH., NEW YORK, N.H., MASS., VT., MAINE, OREGON, IDAHO, WYOMING, SOUTH DAKOTA, NEBRASKA, OHIO, PENNA., N.J., N.Y., N.H., MASS., R.I., CONN., NEW JERSEY, DELAWARE, WASHINGTON D.C., NEVADA, UTAH, COLORADO, KANSAS, MISSOURI, ILLINOIS, INDIANA, OHIO, W. VA., VIRGINIA, MARYLAND, DELAWARE, WASHINGTON D.C., CALIFORNIA, ARIZONA, NEW MEXICO, OKLAHOMA, ARKANSAS, MISSISSIPPI, ALABAMA, GEORGIA, NORTH CAROLINA, SOUTH CAROLINA, TEXAS, LOUISIANA, MISSISSIPPI, ALABAMA, GEORGIA, FLORIDA, ALASKA, HAWAII, U.S. Territories AMERICAN SAMOA, GUAM, U.S. Territories PUERTO RICO, VIRGIN ISLANDS



## Community Resource Finder

Powered by CareLike

Community Resource Finder » Care Options

Get easy access to a comprehensive listing of Alzheimer's and dementia resources, community programs and services.

### START YOUR SEARCH

- Alzheimer's Association Programs and Events
- Housing Options
- Care at Home
- Medical Services
- Community Services

### ADDITIONAL RESOURCES

- [How to Use This Tool](#)
- [Learn More](#)
- [Share Your Opinion](#)
- [Provider Support](#)

The Alzheimer's Association does not endorse any of the providers listed here. The information contained in the Community Resource Finder is thought to be reliable but is not guaranteed to be accurate. It is compiled from provider descriptions of their own services as well as other public data sources and is subject to change without further notice. For assistance in how to determine the best care option for your situation, call the 24/7 Helpline at 800-272-3900.

Nursing Home  
Compare Home

About Nursing  
Home Compare

About the data

Resources

Help

Home

+ Share

## Find a nursing home

A field with an asterisk (\*) is required.

\* **Location**

Example: 45802 or Lima, OH or Ohio

**Nursing home name (optional)**

Search



Nursing Home Compare has detailed information about every Medicare and Medicaid-certified nursing home in the country. [States may collect and post](#) additional information that isn't collected by the federal government. Before you get started, you or your family might also consider [Alternatives to Nursing Homes](#).

# What is IGARD?

- An interest group of the Association of Specialized and Cooperative Library Agencies (ASCLA)
  - A division of the American Library Association (ALA)
- Purpose of IGARD
  - To create, disseminate and implement guidelines for library services to people with Alzheimer's and related dementias
- Established in January, 2013
- Currently has over 50 members nationwide

# IGARD's Web Page

 **ASCLA** The Association of Specialized and Cooperative Library Agencies

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## Alzheimer's and Related Dementias

### Purpose of Interest Group:

This interest group focuses on creating, disseminating and implementing guidelines for library services to people with Alzheimer's and related dementias. The International Federation of Library Associations (IFLA) has already established such guidelines and they can readily be adapted for use in the United States.

### Interest Group Leaders:

Chair Elect: Mary-Kate Finnegan, [finneganmarykate@gmail.com](mailto:finneganmarykate@gmail.com)

Chair: Mary Beth Riedner, [mbried@comcast.net](mailto:mbried@comcast.net)

Past Co-Chairs: Tysha Shay, [tyshas@thelibrary.org](mailto:tyshas@thelibrary.org) and Melanie Saulnier, [mdsaulnier44@yahoo.com](mailto:mdsaulnier44@yahoo.com)

**Important survey – your input needed**

IGARD is in the process of creating standards for library service to persons with dementia. We are seeking input from librarians across the country to document already existing best practices. Please complete this important survey to self-identify if your library is currently offering, or has offered in the past, services/programming directly to members of your community diagnosed with Alzheimer's or another dementia - [https://www.surveymonkey.com/s/services\\_dementia](https://www.surveymonkey.com/s/services_dementia). Thank you in advance for your participation.

### Best Practices:

- Tales & Travel Memories - <http://talesandtravelmemories.com>
- Stories for Life - [http://thelibrary.org/research/res\\_guide.cfm?aid=2562](http://thelibrary.org/research/res_guide.cfm?aid=2562)
- Memory Care and Technology - <http://www.ala.org/pla/onlinelearning/webinars/ondemand/memory>
- National Survey of Current Practices - [Excel spreadsheet](#)
- RAILS Serving Patrons with Dementia Group – <https://www.railslibraries.info/community/groups/serving-patrons-dementia-group>
- ACT on Alzheimer's (MN) – Sector Guide on Libraries - <http://www.actonalz.org/sites/default/files/documents/ACT-SectorGuide-Libraries.pdf>
- Memory Cafés - <http://www.librarymemoryproject.org/>

### Conference Programs:

# IGARD's Online Toolkit

 [www.adrdlib.org](http://www.adrdlib.org)



The IGARD Toolkit is  
coming soon!

# How to Join IGARD & Listserv

- To join IGARD, go to <http://www.ala.org/ascla/asclaourassoc/asclainterest/list> for instructions (also below).
  - ALA members, who are not ASCLA members, may join any ASCLA interest group free-of-charge for one year.
  - **If you are a non-ASCLA member, please contact [ascla@ala.org](mailto:ascla@ala.org) to join an ASCLA interest group.**
- To join the listserv, send an email message to [sympa@lists.ala.org](mailto:sympa@lists.ala.org) with the following subject:
  - **subscribe ascla-igard firstname lastname** (replace firstname and lastname with your first and last names.) Do not put anything in the body of the message.

# Additional Possible Partners

- Local hospitals/medical centers
- Colleges and universities in your area
- Faith groups
- Other libraries

# Marketing

- Internal Marketing
- Library Web page
- Library newsletters, blogs, etc.
- External marketing
- Build on partnerships and their marketing efforts
- Press and radio releases
- Submit articles to library journals, caregiver publications, medical/professional caregiver communications

# Reaching Across Illinois Library System Networking Group



Services

Membership

Events

[Home](#) » [Membership](#) » [Networking](#) » [Networking Groups Directory](#) » [Serving Patrons with Dementia Group](#)

## Serving Patrons with Dementia Group

Meeting of the minds to discuss programs and services libraries offer to people with dementia and Alzheimer's disease.

The Alzheimer's Association projects that by 2025, there will be an estimated 7.1 million people age 65 and older with Alzheimer's disease - a 40% increase from the 5.1 million age 65 and older affected in 2015.

Libraries and librarians need to ask themselves:

- 1) How does this increasing demographic affect our library and community?
- 2) How do we serve this growing population?

The group of librarians, managers, and support staff are dedicated to bringing services and information together to meet the unique needs of serving the caregivers and those suffering with dementia and Alzheimer's. We meet to share programming ideas, collection development ideas, marketing tips, and ways to partner with community organizations.

Topics include:

\*what libraries are currently offering to those with dementia

# National Network of Libraries of Medicine MidContinental Region



NATIONAL NETWORK OF  
Libraries of Medicine

MidContinental Region

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## News and Announcements

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- » [BHIC Blog](#)
- » [Read Quarterly Newsletter](#)
- » [NLM News Events Videos](#)

## Quick Links

- » [Calendar](#)
- » [MCR Funding](#)
- » [NN/LM Disaster Ready Initiative](#)
- » [MCR Training/Education](#)
- » [NN/LM Training Office](#)
- » [NN/LM Evaluation Office](#)
- » [NN/LM DOCLINE Coordination Office](#)
- » [Directory of Member Libraries](#)
- » [About Us](#)

## MidContinental Region



The Mission of the NN/LM is to advance the progress of medicine and improve public health through access to health information.

The NN/LM MidContinental Region serves the biomedical information needs and supports collaboration among over 300 member libraries and information centers in the states of [Colorado](#), [Kansas](#), [Missouri](#), [Nebraska](#), [Utah](#), and [Wyoming](#).

More

# Joint meeting of the Midwest & Midcontinental Chapters/Medical



MERGE & CONVERGE  
SIXTEEN IN '16

Joint Meeting of the Midwest and Midcontinental Chapters of MLA

[Home](#) [Registration](#) [Program](#) [Hotel / Travel](#) [About Des Moines](#) [Vendors/Exhibitors](#) [FAQ/Contacts](#) [f](#) [#midmla16](#)

Joint Meeting of the Midwest Chapter and the Midcontinental Chapter of the Medical Library Association

Two MLA chapters. Sixteen states. One spectacular meeting.  
Friday, October 21, 2016 through Monday, October 24, 2016  
Des Moines Marriott, 700 Grand Avenue, Des Moines, Iowa

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## Meeting Abstracts Are Available

Paper and Poster Abstracts have been posted on the site for your reading pleasure. You can click on the links below, or select Program in the menu and select Papers or Posters. Take a look at what's being presented at the meeting and plan for a great meeting.

- [Paper Presentations](#)
- [Poster Presentations](#)



# Association of Bookmobile and Outreach Services



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# Dementia Friendly America

www.dfamerica.org



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[COMMUNITIES](#)

[TOOLS AND RESOURCES](#)

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[SEARCH](#)

A dark teal silhouette of the United States map is centered on a lighter teal background. Numerous small, light purple location pins are scattered across the map, indicating various dementia-friendly communities.

**Communities where all people  
can live, age and thrive**

[LEARN MORE](#)

# Dementia Friendly America Sectors



# Dementia Friendly Libraries Sector Guide



## Dementia Friendly Libraries

Libraries are respected community institutions and vital to a dementia friendly community because they provide access to resources, services, and programs for people living with dementia and their families.



### What is Dementia?

Dementia is a general term for a loss of memory and other thinking abilities that is serious enough to interfere with activities of daily life. Dementia has many causes. Alzheimer's disease, the most common cause of dementia, is a disease of the brain that leads to problems with memory, thinking, and behavior. Alzheimer's and other dementias are not a normal part of aging.

### Warning Signs of Alzheimer's Disease

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, at work or at leisure
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities

# Concluding Statements



# Contact Us

Mary Beth Riedner

[mbried@comcast.net](mailto:mbried@comcast.net)

Tysha Shay

[tyshas@thelibrary.org](mailto:tyshas@thelibrary.org)

**IGARD**

<http://www.ala.org/ascla/interestgroups/igard>